

Bancroft Convalescent Hospital

Breakfast

Lunch

Dinner (FALL1)

10/16	Monday Juice of Choice Poached Egg Toast Fruit Garnish Malt-O-Meal	Corned Beef with Mustard Sauce Mashed Potatas & Gravy Steamed Cabbage Green Salad Bowl Bread & Butter Glazed Fruit Compote	Tomato Soup Grilled Cheese Sandwich Zucchini Ice Cream
10/17	TUESDAY Juice of Choice French Toast with Syrup Bacon Oatmeal	Hamburger Mashed Potatas & Gravy Mixed Vegetables Cherry Pie	Raviolies with Meat Sauce Salad Garlic Bun Applesauce with Blueberries
10/18	WEDNESDAY Juice of Choice Potato Ham Omelet Donut Hi Fiber Cereal	Roast Turkey Mashed Potatas & Gravy Spinach Bread & Butter Trifle Cake	Hot Meat Loaf Sandwich Plate Cauliflower Combo Cinnamon Peaches
10/19	THURSDAY Juice of Choice Pancakes Syrup Sausage Ralston Cereal	Veal with Onions Mashed Potatas & Gravy Green Beans with Peppers Bread & Butter Ice Cream	Cream of Chicken Soup Egg-Olive Sandwich Fruit Salad Peanut Butter Bar
10/20	Friday Juice of Choice Egg Custard Toast with Butter Fruit Oatmeal Cereal	Fish Mashed Potatas & Gravy Green Peas Dinner Salad with Dressing Bread & Butter Gelatin	Vegetable Soup Hot Beef Sandwich Tater Tots Purple Plums
10/21	Saturday Juice of Choice Scrambled Eggs with Bacon Toast Malt-O-Meal	Roast Pork Mashed Potatas & Gravy Zucchini Bread & Butter Spice Cake	Chicken Breast Rice Cheesy Broccoli Garlic French Bread Ice Cream
10/22	Sunday Juice of Choice Cheddar Cheese Omelet Warm Coffee Cake Cream of Wheat	Glazed Ham Mashed Potatas & Gravy Green Beans with Mushrooms Pineapple Fruit Salad on Lettuce Hot Roll & Butter Vanilla Cream Tart	Creamy Cauliflower Soup Tuna Sandwich Vegetable Garni Brownie

10/23	MONDAY Juice of Choice French Toast with Syrup Fruit Garnish Oatmeal	Crispy Chicken Mashed Potatas & Gravy Parsley Carrot Combo Romaine Salad Bread & Butter Chocolate Jubilee	Macaroni and Cheese Tomato Medley Garlic Bread Fruit Compote
10/24	TUESDAY Juice of Choice Baked Frittata Toast & Butter Malt-O-Meal	Roast Beef Mashed Potatas & Gravy Squash Bread & Butter Carrot Cake	Lentil Soup Corned Beef Sandwich Egg Veggie Salad Ambrosia Fruit Dessert
10/25	WEDNESDAY Juice of Choice Scrambled Eggs Sausage Prune-Carrot Muffin Hi Fiber Cereal	Hamburger Mashed Potatas & Gravy Mixed Vegetables Ice Cream	Beef Raviolies Green Peas Garlic Bread Peach-Pineapple Cup
10/26	THURSDAY Juice of Choice Poached Egg Donut Oatmeal	Ribette Patty Mashed Potatas & Gravy Carrots Corn Bread Apple Dessert	Chicken Nuggets Calico Corn Green Beans Bread & Butter Cookie
10/27	FRIDAY Juice of Choice Bacon Quiche Toast & Butter Ralston Cereal	Baked Fish Lemon Ring Mashed Potatas & Gravy Squash Cottage Cheese Salad Bread & Butter Golden Cherry Cake	Beef Noodle Soup Grilled Cheese Sandwich Hot Garnish Pears
10/28	SATURDAY Juice of Choice Pancakes Syrup Egg Custard Cream of Wheat	Country Steak with Gravy Mashed Potatas & Gravy Colorful Cauliflower Bread & Butter Cookie-Fruit Compote	Mild Beans with Meat Corn Bread Soft Relish Plate Ice Cream
10/29	SUNDAY Juice of Choice Scrambled Eggs Cinnamon Toast Oatmeal	Roast Pork Mashed Potatas & Gravy Spinach & Onions Fruit Salad on Lettuce Dinner Roll with Butter Apple Pie	Fish Steamed Rice Cabbage Biscuit Chocolate Cake

10/30	MONDAY Juice of Choice Poached Egg Waffle with Syrup High Fiber Cereal	Roast Beef with Gravy Mashed Potatas & Gravy Scandinavian Vegetables Bread & Butter Lemon Pudding	Spaghetti with Meat Sauce Salad Garlic Bread Pineapple Tidbits
10/31	TUESDAY Juice of Choice Egg Custard Warm Sweet Roll Oatmeal	Creepy Apricot Ham Mashed Potatas & Gravy Witches' Brew Eye of Monster Fruit Salad Hot Biscuit Trick or Treat Candy	Creamy Mushroom Soup Chicken Salad Sandwich Cucumber Salad Trick or Treat
11/1	WEDNESDAY Juice of Choice Pancakes with Syrup Sausage Ralston Cereal	Hamburger Mashed Potatas & Gravy Mixed Vegetables Pumpkin Pie	Vegetable Soup Baked Tuna Casserole Bread & Butter Green Beans Pear Dessert
11/2	THURSDAY Juice of Choice Scrambled Eggs Crisp Bacon Prune Muffin Oatmeal	Chicken Teriyaki Mashed Potatas & Gravy Zucchini Fruit Salad Cookies	Pot Roast Mashed Potatoes Seasoned Peas Bread & Butter Cake
11/3	FRIDAY Juice of Choice French Toast with Syrup Apples Malt-O-Meal	Baked Fish Mashed Potatas & Gravy Stewed Tomatoes Bread & Butter Pineapple Delight	Pasta Cheese & Bacon Bake Dinner Salad Corn Bread Ice Cream
11/4	SATURDAY Juice of Choice Hot Biscuit Sausage Hash Browns Oatmeal	Roast Beef with Mashed Potatas & Gravy Cheesy Cauliflower Salad Bread & Butter Butterscotch Pudding	Corn Chowder Egg Sandwich Vegetable Medley Cold Salad Golden Bananas
11/5	SUNDAY Juice of Choice Bacon & Eggs Toast & Butter Cream of Wheat	Roast Turkey with Cranberry Sauce Mashed Potatas & Gravy Garden Green Peas Roll and Butter Lemon Bar	Beef-Potato Casserole Garlic Cheese Toast Green Beans Fruit Mix