

BreakfastLunchDinner

9/24	Monday Juice of Choice Poached Egg Toast Fruit Garnish Malt-O-Meal	Corned Beef with Mustard Sauce Mashed Patatas & Gravy Steamed Cabbage Green Salad Bowl Bread & Butter Glazed Fruit Compote	Tomato Soup Grilled Cheese Sandwich Zucchini Ice Cream
9/25	TUESDAY Juice of Choice French Toast with Syrup Bacon Oatmeal	Hamburger Mashed Patatas & Gravy Mixed Vegetables Cherry Pie	Raviolies with Meat Sauce Peas Garlic Bun Applesauce with Blueberries
9/26	WEDNESDAY Juice of Choice Potato Ham Omelet Donut Hi Fiber Cereal	Roast Turkey with Dressing Mashed Patatas & Gravy Spinach Bread & Butter Trifle Cake	Hot Meat Loaf Sandwich Plate Cauliflower Combo Cinnamon Peaches
9/27	THURSDAY Juice of Choice Pancakes Syrup Sausage Ralston Cereal	Veal with Onions Mashed Patatas & Gravy Green Beans with Peppers Bread & Butter Ice Cream	Cream of Chicken Soup Egg-Olive Sandwich Fruit Salad Peanut Butter Bar
9/28	Friday Juice of Choice Egg Custard Toast with Butter Fruit Oatmeal Cereal	Fish Mashed Patatas & Gravy Green Peas Dinner Salad with Dressing Bread & Butter Gelatin	Vegetable Soup Hot Beef Sandwich Tater Tots Purple Plums
9/29	Saturday Juice of Choice Scrambled Eggs with Sausage Toast Malt-O-Meal	Roast Pork Mashed Patatas & Gravy Zucchini Bread & Butter Spice Cake	Chicken Breast Rice Cheesy Broccoli Garlic French Bread Ice Cream
9/30	Sunday Juice of Choice Cheddar Cheese Omelet Warm Coffee Cake Cream of Wheat	Glazed Ham Mashed Patatas & Gravy Green Beans with Mushrooms Pineapple Fruit Salad on Lettuce Djnnner Roll Vanilla Cream Tart	Creamy Cauliflower Soup Tuna Sandwich Vegetable Garni Brownie
10/1	MONDAY Juice of Choice French Toast with Syrup Fruit Garnish Oatmeal	Crispy Chicken Mashed Patatas & Gravy Parsley Carrot Combo Salad Bread & Butter Chocolate Jubilee	Macaroni and Cheese Garlic Bread Stick Fruit Compote

10/2	TUESDAY Juice of Choice Baked Frittata Toast & Butter Malt-O-Meal	Roast Beef Mashed Patatas & Gravy Squash Bread & Butter Carrot Cake	Lentil Soup Corned Beef Sandwich Egg Veggie Salad Ambrosia Fruit Dessert
10/3	WEDNESDAY Juice of Choice Scrambled Eggs Sausage Prune-Carrot Muffin Hi Fiber Cereal	Hattie Mae's Favorite: Pork Cubes with Mashed Patatas & Gravy Broccoli Combo Bread & Butter Ice Cream	Beef Raviolies Green Peas Garlic Bread Peach-Pineapple Fruit Cup
10/4	THURSDAY Juice of Choice Poached Egg Donut Oatmeal	Ribette Patty Mashed Patatas & Gravy Carrots Corn Bread Apple Dessert	Chicken Nuggets Calico Corn Green Beans Bread & Butter Cookie
10/5	FRIDAY Juice of Choice Bacon Quiche Toast & Butter Ralston Cereal	Baked Fish Lemon <i>Ring</i> Mashed Patatas & Gravy Squash Cottage Cheese Salad Bread & Butter Cake	Beef Noodle Soup Grilled Cheese Sandwich Hot Garnish Pears
10/6	SATURDAY Juice of Choice Pancakes Syrup Egg Custard Cream of Wheat	Country Steak with Mashed Patatas & Gravy Colorful Cauliflower Bread & Butter Cookie-Fruit Compote	Mild Beans with Meat Corn Bread Soft Relish Plate Ice Cream
10/7	SUNDAY Juice of Choice Scrambled Eggs Cinnamon Toast Oatmeal	Roast Pork with Dressing Mashed Patatas & Gravy Spinach & Onions Fruit Salad on Lettuce Dinner Roll with Butter Apple Pie	Fish Steamed Rice Cabbage Biscuit Chocolate Cake

10/8	MONDAY Juice of Choice Poached Egg Waffle with Syrup High Fiber Cereal	Roast Beef with Mashed Patatas & Gravy Scandinavian Vegetables Bread & Butter Lemon Pudding	Spaghetti with Meat Sauce Zucchini Garlic Bread Pineapple Tidbits
10/9	TUESDAY Juice of Choice Egg Custard Warm Sweet Roll Oatmeal	Ham Mashed Patatas & Gravy Parsley Carrots Banana Fruit Salad Hot Biscuit Ice Cream Sundae	Creamy Mushroom Soup Chicken Salad Sandwich Cucumber Salad Fudge Brownie
10/10	WEDNESDAY Juice of Choice Pancakes with	Meat Balls with Mashed Patatas & Gravy Broccoli	Vegetable Soup Baked Tuna Casserole Green Beans

	Syrup Sausage Ralston Cereal	Bread & Butter Pumpkin Pie	Pear Dessert
10/11	THURSDAY Juice of Choice Scrambled Eggs Crisp Bacon Prune Muffin Oatmeal	Chicken Teriyaki Mashed Patatas & Gravy Zucchini Fruit Salad Cookies	Pot Roast Mashed Potatoes Seasoned Peas Bread & Butter Cake
10/12	FRIDAY Juice of Choice French Toast with Syrup Apples Malt-O-Meal	Baked Fish Mashed Patatas & Gravy Stewed Tomatoes Bread & Butter Pineapple Delight	Pasta Cheese & Bacon Bake Carrots Corn Bread Ice Cream
10/13	SATURDAY Juice of Choice Hot Biscuit Sausage Hash Browns Oatmeal	Roast Beef with Mashed Patatas & Gravy Cheesy Cauliflower Salad Bread & Butter Butterscotch Pudding	Corn Chowder Egg Sandwich Vegetable Medley Cold Salad Golden Bananas
10/14	SUNDAY Juice of Choice Bacon & Eggs Toast & Butter Cream of Wheat	Roast Turkey with Mashed Patatas & Gravy Dressing Garden Green Peas Dinner Roll and Butter Lemon Bar	Sloppy Joe on a Bun Tater Tots Green Beans Fruit Mix