

Bancroft Convalescent Home

Breakfast

Lunch

Dinner

11/27	Monday Juice of Choice Poached Egg Toast Fruit Garnish Malt-O-Meal	Corned Beef with Mustard Sauce Mashed Potatas & Gravy Steamed Cabbage Green Salad Bowl Bread & Butter Glazed Fruit Compote	Tomato Soup Grilled Cheese Sandwich Zucchini Ice Cream
11/28	TUESDAY Juice of Choice French Toast with Syrup Bacon Oatmeal	Hamburger Mashed Potatas & Gravy Mixed Vegetables Cherry Pie	Raviolies with Meat Sauce Salad Garlic Bun Applesauce with Blueberries
11/29	WEDNESDAY Juice of Choice Potato Ham Omelet Donut Hi Fiber Cereal	Roast Turkey Mashed Potatas & Gravy Spinach Bread & Butter Trifle Cake	Hot Meat Loaf Sandwich Plate Cauliflower Combo Cinnamon Peaches
11/30	THURSDAY Juice of Choice Pancakes Syrup Sausage Ralston Cereal	Veal with Onions Mashed Potatas & Gravy Green Beans with Peppers Bread & Butter Ice Cream	Cream of Chicken Soup Egg-Olive Sandwich Fruit Salad Peanut Butter Bar
12/1	Friday Juice of Choice Egg Custard Toast with Butter Fruit Oatmeal Cereal	Fish Mashed Potatas & Gravy Green Peas Dinner Salad with Dressing Bread & Butter Gelatin	Vegetable Soup Hot Beef Sandwich Tater Tots Purple Plums
12/2	Saturday Juice of Choice Scrambled Eggs with Bacon Toast Malt-O-Meal	Roast Pork Mashed Potatas & Gravy Zucchini Bread & Butter Spice Cake	Chicken Breast Rice Cheesy Broccoli Garlic French Bread Ice Cream
12/3	Sunday Juice of Choice Cheddar Cheese Omelet Warm Coffee Cake Cream of Wheat	Glazed Ham Mashed Potatas & Gravy Green Beans with Mushrooms Pineapple Fruit Salad on Lettuce Hot Roll & Butter Vanilla Cream Tart	Creamy Cauliflower Soup Tuna Sandwich Vegetable Garni Brownie

(FALL 2)

12/4	MONDAY JUICE OF CHOICE FRENCH TOAST WITH SYRUP FRUIT GARNISH OATMEAL	CRISPY CHICKEN Mashed Potatas & Gravy PARSLEY CARROT COMBO ROMAINE SALAD BREAD & BUTTER CHOCOLATE	MACARONI AND CHEESE TOMATO MEDLEY GARLIC BREAD FRUIT COMPOTE
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12/5	<u>TUESDAY</u> JUICE OF CHOICE BAKED FRITTATA TOAST &	ROAST BEEF Mashed Potatas & Gravy SQUASH BREAD & BUTTER CARROT CAKE	LENTIL SOUP CORNEED BEEF SANDWICH EGG VEGGIE SALAD AMBROSIA FRUIT DESSERT
12/6	<u>WEDNESDAY</u> JUICE OF CHOICE SCRAMBLED EGGS SAUSAGE PRUNE-CARROT MUFFIN HI FIBER CEREAL	HAMBURGER Mashed Potatas & Gravy MIXED VEGETABLES ICE CREAM	BEEF RAVIOLIES GREEN PEAS GARLIC BREAD PEACH-PINEAPPLE CUP
12/7	<u>THURSDAY</u> JUICE OF CHOICE POACHED EGG DONUT OATMEAL	RIBETTE PATTY Mashed Potatas & Gravy CARROTS CORN BREAD APPLE DESSERT	CHICKEN NUGGETS CALICO CORN GREEN BEANS BREAD & BUTTER COOKIE
12/8	<u>FRIDAY</u> JUICE OF CHOICE BACON QUICHE TOAST & BUTTER RALSTON CEREAL	BAKED FISH LEMON RING Mashed Potatas & Gravy SQUASH COTTAGE CHEESE SALAD BREAD & BUTTER GOLDEN CHERRY CAKE	BEEF NOODLE SOUP GRILLED CHEESE SANDWICH HOT GARNISH PEARS
12/9	<u>SATURDAY</u> JUICE OF CHOICE PANCAKES SYRUP EGG CUSTARD CREAM OF WHEAT	COUNTRY STEAK WITH GRAVY Mashed Potatas & Gravy COLORFUL CAULIFLOWER BREAD & BUTTER COOKIE-FRUIT COMPOTE	MILD BEANS WITH MEAT CORN BREAD SOFT RELISH PLATE ICE CREAM
12/10	<u>SUNDAY</u> JUICE OF CHOICE SCRAMBLED EGGS CINNAMON TOAST OATMEAL	ROAST PORK Mashed Potatas & Gravy SPINACH & ONIONS FRUIT SALAD ON LETTUCE DINNER ROLL WITH BUTTER APPLE PIE	FISH STEAMED RICE CABBAGE BISCUIT CHOCOLATE CAKE
12/11	<u>MONDAY</u> JUICE OF CHOICE POACHED EGG WAFFLE WITH SYRUP HIGH FIBER CEREAL	ROAST BEEF WITH Mashed Potatas & Gravy SCANDINAVIAN VEGETABLES BREAD & BUTTER LEMON PUDDING	SPAGHETTI WITH MEAT SAUCE SALAD GARLIC BREAD PINEAPPLE TIDBITS
12/12	<u>TUESDAY</u>	APRICOT HAM	CREAMY MUSHROOM

	JUICE OF CHOICE EGG CUSTARD WARM SWEET ROLL OATMEAL	Mashed Potatas & Gravy PARSLEY CARROTS BANANA FRUIT SALAD HOT BISCUIT ICE CREAM SUNDAE	SOUP CHICKEN SALAD SANDWICH CUCUMBER SALAD FUDGE BROWNIE
12/13	WEDNESDAY JUICE OF CHOICE PANCAKES WITH SYRUP SAUSAGE RALSTON CEREAL	HAMBURGER Mashed Potatas & Gravy MIXED VEGETABLES PUMPKIN PIE	VEGETABLE SOUP BAKED TUNA CASSEROLE BREAD & BUTTER GREEN BEANS PEAR DESSERT
12/14	THURSDAY JUICE OF CHOICE SCRAMBLED EGGS CRISP BACON PRUNE MUFFIN OATMEAL	CHICKEN TERIYAKI Mashed Potatas & Gravy ZUCCHINI FRUIT SALAD COOKIES	POT ROAST MASHED POTATOES SEASONED PEAS BREAD & BUTTER CAKE
12/15	FRIDAY JUICE OF CHOICE FRENCH TOAST WITH SYRUP APPLES MALT-O-MEAL	BAKED FISH Mashed Potatas & Gravy STEWED TOMATOES BREAD & BUTTER PINEAPPLE DELIGHT	PASTA CHEESE & BACON BAKE DINNER SALAD CORN BREAD ICE CREAM
12/16	SATURDAY JUICE OF CHOICE HOT BISCUIT SAUSAGE HASH BROWNS OATMEAL	ROAST BEEF WITH Mashed Potatas & Gravy CHEESY CAULIFLOWER SALAD BREAD & BUTTER BUTTERSCOTCH PUDDING	CORN CHOWDER EGG SANDWICH VEGETABLE MEDLEY COLD SALAD GOLDEN BANANAS
12/17	SUNDAY JUICE OF CHOICE BACON & EGGS TOAST & BUTTER CREAM OF WHEAT	ROAST TURKEY WITH Mashed Potatas & Gravy DRESSING GARDEN GREEN PEAS ROLL AND BUTTER LEMON BAR	BEEF-POTATO CASSEROLE GARLIC CHEESE TOAST GREEN BEANS FRUIT MIX